



ROPE ACCESS MAINTENANCE COVID-19 WAIVER

By signing the waiver below,

1. I acknowledge the contagious nature of COVID-19 and that Ontario health authorities still recommend practicing social distancing.
2. I further acknowledge that RAM has put in place preventative measures to reduce the spread of the COVID-19 and agree to follow them. I also understand that, regardless of all controls in place, undertaking training inherently increases my potential exposure to COVID-19.
3. I am fully aware of the risks and hazards with respect to rope access in general and COVID-19 in particular inherent in my participation in rope access training. I acknowledge that I must comply with all set procedures to reduce the spread while attending the course, including refraining from socially engaging with others during the course as well as attending other unrelated events or gatherings.
4. I attest that I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
5. I have not traveled internationally within the last 14 days or to an area under a travel health advisory in the last 14 days.
6. I do not believe I have been exposed to someone with a suspected and/or confirmed case of COVID-19.
7. I have not been diagnosed with COVID-19.
8. I am following all recommended guidelines as much as possible and limiting my exposure to the COVID-19.
9. I agree to perform the Province of Ontario self-assessment tool: <https://covid-19.ontario.ca/self-assessment/>

_____ Name

_____ Signature